

## **\*\*\*Activities and Events\*\*\***

### **Small Point Baptist Church**

Small Point Baptist Church will be hosting a Family Fun Day on the Ice on March 4, from 1-5pm, on the pond behind the church. You can park in the church parking lot and follow the path out. We'll also have an indoor movie and soups and chili to warm you up. Bring the whole family and your skates and come out for some fun! For more info contact 389-2129 or [secretaryspb@comcast.net](mailto:secretaryspb@comcast.net).

### **Bowling**

Saturdays, March 11<sup>th</sup>, April 8<sup>th</sup>, May 13<sup>th</sup>. All sessions are from 5 - 7pm at Yankee Lanes in Brunswick. Games are FREE to Phippsburg residents. Pay only \$3.50 for shoes. Reserve your lane ahead of time by calling Yankee Lanes 725-2963.

### **Family Movie Night**

Friday, March 17<sup>th</sup> @ 7pm in the Phippsburg School Gym. Bring the family out for a free movie, popcorn, and a drink. We will be showing "BFG" (Big Friendly Giant) on the big screen. Grab your lounge chair or blanket and pillow and come enjoy a free family night out. Children under 14 must be accompanied by an adult. Movie subject to change based on availability.

FMI contact Cathy Thomas @ 522-3105.

### **Phippsburg FREE Food Mobile**

Phippsburg Fire Station, April 25<sup>th</sup> and June 27<sup>th</sup> from 4:30pm - 530pm

The Bath Area Food Mobile, a GSFb program, is available to ANYONE. There are no forms to fill out and no questions asked. April 25<sup>th</sup> and June 27<sup>th</sup> the Bath Area Food Bank Van will be traveling to Phippsburg to help families and individuals in need. If you find yourself in need of food...PLEASE come! Bring boxes or bags because you will need them to carry your FREE groceries home. If you are unable to come, feel free to send a friend.

Everyone that joins us must be chemical and alcohol free. This event is being sponsored by Grace Episcopal Church. The actual Food Mobile WILL BE in Bath at 2pm.

If you do not live in Phippsburg, you can join in Bath from 2-3:30.

### **Free Bike Rodeo**

Saturday, May 20<sup>th</sup> from 9am - 1pm in the parking lot between Town Hall and the Fire Station. There will be bike inspections, helmet fitting, a bike course, a bike parade, door prizes for the children and adults. There will also be a bounce house, face painting, and a goody bag for each kid. The Rec. will be there with free hot dogs, chips, and drinks. Come join us and make sure the children bring their bikes.

This event is sponsored by the Phippsburg Rec and the Phippsburg Police Department. If you would like to volunteer or have questions contact John Skroski @ 389-2653.

## \*\*\*\*\*Classes & Clinics\*\*\*\*\*

### Latin Dance

Session 1 - MARCH - THURSDAYS, yes THURSDAYS (this month only),  
March 2, 9, 16, 23, and 30 = \$20 for month\*

Session 2 - APRIL - TUESDAYS, April 4 and 25 = \$8 for month\*

Session 3 - MAY - TUESDAYS, May 9, 23, and 30 = \$12 for month\*

\*Discount applies when paid at the beginning of the month. Drop in fee is only \$5 per class.

All classes are from 6:30 - 7:30pm in the Phippsburg Elementary School gym. You've heard of Zumba so come join us for our version of this Latin Dance. Your first 45 minutes of class will be fun and invigorating while you dance your way to good health. The last 15 minutes are optional to bump up your workout with a little more intensity doing floor exercises. Chairs are available for stability for those with knee and/or balance issues. Bring a water bottle, hand towel, and properly fitting footwear. Make it a family thing; ages 13 - 17 are welcome to join a paying adult for only \$2 a class. *Bonus: when you enroll you have the option to sign up for email alerts with helpful health and exercise tips from your instructor, Angela Clegg.* For more information on this class contact Angela by emailing her at [angelaclegg@gwi.net](mailto:angelaclegg@gwi.net) or contact Rec. member Tina at 522-6884 or [threetalbots@yahoo.com](mailto:threetalbots@yahoo.com).

### Yoga-lates

Tuesdays - March 7, 14 and 21 from 6:30 - 7:30pm at the PHIPPSBURG FIRE HOUSE (this month only).

This class combines Yoga and Pilates for a full body experience emphasizing on physical strength, posture, and flexibility. The last 15 minutes are optional to bump up your workout with a little more intensity doing some floor exercises. Chairs are available for stability for those with knee and/or balance issues. Wear comfortable clothes and stable footwear, bring a water bottle and hand towel. This three week session is \$12 when paid on the first night or you can do a drop in fee of \$5 per class.

Make it a family thing; ages 13 - 17 are welcome to join a paying adult for only \$2 a class. *Bonus: when you enroll you have the option to sign up for email alerts with helpful health and exercise tips from your instructor, Angela Clegg.* For more information on this class contact Angela by emailing her at [angelaclegg@gwi.net](mailto:angelaclegg@gwi.net) or contact Rec. member Tina at 522-6884 or [threetalbots@yahoo.com](mailto:threetalbots@yahoo.com).

### Youth Baseball Clinic

Wednesdays, March 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>, April 5<sup>th</sup>, 12<sup>th</sup> for grades K-2 (6 - 6:45pm) and grades 3 - 5 (6:45 - 7:30pm). This Wednesday evening clinic is for both boys and girls. They will learn to throw, catch, hit, run bases, pitch, and play games. If they have a glove, bring it along. Tim Greenman and Jim Moreau will instruct the clinic. Permission slips will be sent home from school with students or you may contact Mrs. Doran at 389-1514 to pick one up. Permission slips must be returned to the school prior to starting the clinic. FMI contact a Rec member.

### Boot Camp - Shred Style

Thursdays, April 13 and 27 from 6:30 - 7:30pm in the Phippsburg School gym. This boot camp style class will have high and low intervals. The first 45 minutes of class will begin with a gentle warm up and build in intensity to a energetic workout. The last 15 minutes are optional to bump up your workout with a little more intensity with floor exercises. Chairs are available for stability for those with knee and/or balance issues. Bring a water bottle, hand towel, and properly fitting footwear. This 2 class session is \$8 when paid on the first night or you can do a drop in fee of \$5 per class. Make it a family thing; ages 13 - 17 are welcome to join a paying adult for only \$2 a class. For more information on this class contact Angela by emailing her at [angelaclegg@gwi.net](mailto:angelaclegg@gwi.net) or contact Rec. member Tina at 522-6884 or [threetalbots@yahoo.com](mailto:threetalbots@yahoo.com).

### **After School Swim Program Grades 1, 2 & 3**

Grades 1, 2, & 3 will swim on Tuesdays from April 25<sup>th</sup> - May 30<sup>th</sup>, 4:15 - 5:00pm.

Students stay after school for playtime and snacks (provided by parents), depart from the school around 3:45pm by bus, travel to Bath YMCA, do their swim lesson, and return to Phippsburg School at around 5:30pm. 20 spots are available for \$25.00 per student. The first two parents who sign up to chaperones for the entire program can have one of their children swim for free (limited to 2 volunteers, first come first serve). These volunteers will assist with locker rooms and tracking children. (VOLUNTEERS MAY MEET US AT THE YMCA). Permission slips will be sent home from school. The slips must be returned ASAP WITH PAYMENT. This program fills quickly. **\*SPECIAL NOTE\*** - CHILDREN BEING PICKED UP AT THE YMCA AFTER SWIM WILL NEED A PERMISSION SLIP BEFORE SCHOOL LETS OUT THAT DAY OR THEY WILL HAVE TO RETURN TO THE SCHOOL ON THE BUS (EVEN IF IT IS THE PARENT PICKING THEM UP)

FMI contact Michelle Sloan @ 841-3161 or e mail michellesloan03@yahoo.com

### **Balance Training**

Thursdays, May 4, 11, 18, and 25 from 6:30 - 7:30pm in the Phippsburg School gym. Learn to align, breathe and control your body for your best balance. This class will be a functional and practical workout that enables you to enjoy activities of daily living. Take the worry out of moving, gain power and agility right now. Class #1 will give you information on why our balance changes as we age. Plus, practical poses to do to improve all the systems we use to balance while progressively challenging you as your balance improves. Class #2 has more practice from class one and a concentration on leg strength. Class #3 is about core strength, we will use a stability ball. Class #4 will re-cap everything we have learned and we will have a fun filled balance class, which will include a lot of Balletone and the poses we used in the earlier classes. This 4 week session is \$16 when paid on the first night or you can do a drop in fee of \$5 per class. Make it a family thing; ages 13 - 17 are welcome to join a paying adult for only \$2 a class. *Bonus: when you enroll you have the option to sign up for email alerts with helpful health and exercise tips from your instructor, Angela Clegg.* For more information on this class contact Angela by emailing her at [angelaclegg@zwi.net](mailto:angelaclegg@zwi.net) or contact Rec. member Tina at 522-6884 or [threetalbots@yahoo.com](mailto:threetalbots@yahoo.com).

### **British Soccer Camp**

The Phippsburg Rec. will once again host a week long British Soccer Camp, the largest and most popular camp program in the USA and Canada, at the Cushman Ball Field next to the Phippsburg Elementary School from July 10<sup>th</sup> - July 14<sup>th</sup>. This year we will once again be offering 2 camps. One will be a mini soccer camp for ages 3-5 from 8am - 9am Monday-Friday, the cost for Phippsburg residents will be \$65.00 per student and a non-resident fee of \$70.00 per student. The other class will be the half day camp for ages 6-12 from 9am - noon, Monday-Friday. The cost for Phippsburg residents will be \$95.00 and a non-resident fee of \$125.00. Each camper will receive a free T-shirt and soccer ball. If you sign up online @ [www.challengersports.com](http://www.challengersports.com) before May 25<sup>th</sup> you will receive a free jersey. Make sure you click on Phippsburg Camps. We are looking for host families to host 2-3 coaches. The coaches not only teach the 1,000 Touches Curriculum in soccer but they teach character development based on respect, responsibility, integrity, leadership and sportsmanship. All coaching staff is trained in the UK to work at these camps. More information will be sent home with the elementary school students. You must sign up for this program on line @ [www.challengersports.com](http://www.challengersports.com).

## **\*\*\*Bus Trips and Tickets\*\*\***

### **Seacoast Fun Park Snow Tubing Tickets**

We have 2 tickets left to Seacoast Fun Park, Rat 302 in Windham for Snow Tubing for the 2016-2017 get them before the season ends in mid- March (weather permitting). Tickets are \$10 each (\$4 discount). The Park has new hours and more sessions this season. Call ahead for a reservation/block of time 207-892-5952. They are open Friday evenings, Saturdays, and Sundays. Their daily schedule is on line at [seacoastadventure.com](http://seacoastadventure.com). Contact Cathy Thomas for tickets and payment @ 522-3105

### **FREE Tickets to Kora Shriners Annual Shrine Circus**

The Phippsburg Rec. has 25 adult tickets and 25 children's tickets (12 and under) Free to this exciting event. FMI contact Michelle Sloan @ 841-3161 or e mail [michellesloan03@yahoo.com](mailto:michellesloan03@yahoo.com) Shows times and locations are as follows:

#### **Androscoggin Bank Coliseum in Lewiston**

Friday, April 14<sup>th</sup> 4pm & 8pm

Saturday, April 15<sup>th</sup>, 9:30am, 2pm & 7pm

#### **Cumberland County Civic Center in Portland**

Monday April 17<sup>th</sup> 2pm & 7pm

Tuesday, April 18<sup>th</sup> 9:30am, 2pm & 7pm

Wednesday, April 19<sup>th</sup> 2pm & 7pm

#### **Augusta Civic Center**

Friday, April 21<sup>st</sup> 2pm & 7pm

Saturday, April 22<sup>nd</sup> 9:30am, 2pm & 7pm

Doors open 1 hour prior to the show. There is a 5 ticket limit per household so pick up your tickets in a timely manner or they will be given to the next person on the list.

### **Galactic Bowling Tickets**

This is a great family activity with teens or for the adults of any age to enjoy any time of the year. We have 20 discounted tickets for only \$10.00 each. Galactic Bowling is Friday and Saturday nights from 10:30 pm - 1 am at Yankee Lanes in Brunswick.

Call Cathy Thomas 522-3105 to arrange payment and pick up.

### **Traxx Monster Trucks Destruction Tour**

Come join the Rec. on Friday April 21<sup>st</sup> as we head to Cross Arena in Portland for a night of monster truck action. Don't miss out on the car crushing fun! We will be leaving Phippsburg School at 5:30pm for a 7:30pm show. Tickets are \$25 each. A great savings and you will be delivered to the front door. Please call/text Michelle Sloan@ 841-3161 or e-mail [michellesloan03@yahoo.com](mailto:michellesloan03@yahoo.com) to sign up. Dead line to sign up is April 7 but the sooner the better.

**\*\*\*\*\*Community Organizations\*\*\*\*\***

**Big Brother's Big Sister of Bath/Brunswick  
is looking for Volunteers**

Can you commit one hour per week during the school year to volunteer and support a local child? Play games, share lunch, do craft projects, play sports or simply talk and listen! Mentoring can help children have higher aspirations, greater confidence, better relationships, avoidance of risky behaviors and educational success. And, it's a lot of fun! Big Brothers Big Sisters of Bath/Brunswick is partnering with Phippsburg Elementary School for a School-Based Mentoring Program in the fall of 2016. Adult volunteers are needed to start something great for a child in our community. For more information, please visit [www.bbbsbathbrunswick.org](http://www.bbbsbathbrunswick.org) or contact Big Brothers Big Sisters @ 729-7736 x3 or [school@bbbsbathbrunswick.org](mailto:school@bbbsbathbrunswick.org)

**Phippsburg Recreation Meetings**

Stop by the first Wednesday of each month at 6pm in the Phippsburg School Library for our monthly meeting. Have a say in what events, activities, and programs are offered to Phippsburg residents and their guests. Come join us, we would love to have you as our guest, volunteer, or new board member. We are always looking for new ideas.

**PTA Meetings**

The PTA meetings are the first Thursday of each month, September - June at 8:30 am in the teacher's room at Phippsburg School. Please come to help support the future of our children. FMI contact Charline Wyman @ 389-2985.

**Popham Circle Meetings**

Each Wednesday at 11:00am at the Popham Chapel House. The first Wednesday of the month is the business meeting. Bring your lunch – join the social hour - new members welcome. FMI contact Kathy Perkins at 389-1631

**Phippsburg Cable Access Television (PCATV)**

Comcast Cable Channel 3 is the Phippsburg Community Access Channel. Information regarding non-profit events may be posted on the Phippsburg Community Access Channel Bulletin Board. There is a link on the Phippsburg website to obtain forms which can be filled out to request a posting on the channel. The board members are (Chair) Ashley Thayer, Tom Totman, Leif Albertson and Chris Mixon. Gary Morong is the Station Manager. This is a community cable channel and we are inviting anyone interested to join us as a volunteer camera operator, who would be willing to adopt a meeting to record for the station, enabling PCATV to get more of our local committee meetings broadcasted on our channel. You may also be asked to fill in for a regular camera operator when they cannot cover one of their regular cameras and basic photo skills. Interested parties can leave a message at the Town Hall for either Ashley Thayer or Gary Morong. Please forward any comments, questions or concerns to our email address ([gmorong@comcast.net](mailto:gmorong@comcast.net)) or drop off a note at the Town Hall. Phippsburg Community Access Television Committee meets on the Fourth Monday of each month at 6:00pm at the Town Hall. Check the Phippsburg website for changes or cancellations of meetings.

**Ladies Fire Auxiliary Meetings**

Their meetings are the first Thursday of each month at 7 pm at the Phippsburg Fire Station. FMI contact Libbie Anderson @ 442-8242.

### **American Legion Phippsburg Memorial Post 216**

The post meets the second Thursday of each month at the Phippsburg Sportsmen's Club. Regular meeting starts at 7pm. FMI contact Gary @ 443-6170. See their website on the Town's web page.

### **Friends of Totman Library Meetings**

Friends of Totman Library hold their meetings January and June at 9am at the Totman Library in the Community Room. All are welcome to attend. FMI contact Judy Mullins @ 389-2401

### **Small Point Baptist Church**

Small Point Baptist Church is excited to announce the start of a new children's ministry called Olympians, and we'd love to have you join us! Students in grades 1-6 meet on Sundays from 4:00-5:30pm at Small Point Baptist Church, located at 1754 Main Road in Phippsburg. Come join in the fun, games, songs, Bible lessons, and small group mentoring and encouragement. For more information call 389-2129, check our website at [www.smallpointbaptistchurch.com](http://www.smallpointbaptistchurch.com), or find us on Facebook!

#### **Small Point Baptist Church Schedule:**

Sunday - 9:30am Sunday school

10:30am Worship Service

4:00pm Olympians - grades 1-6

Tuesday - 9:30am Women's Bible Study

6:30pm Women's Bible Study

Wednesday - 7:00pm Prayer Meeting

Thursday - 7:00pm Men's Bible Study

### **Phippsburg Land Trust Guided Walks**

For more information, see the Land Trust Website at [www.phippsburglandtrust.org](http://www.phippsburglandtrust.org)  
Or their publication is available at Town Hall.

### **Reminder to In-Town Organizations**

We are your town funded support network; feel free to contact a board member with additions, changes, or deletions to information listed in our flyer on your behalf.

### **Phippsburg Recreation Committee Members**

Chairperson: Michelle Sloan - 841-3161 or [michellesloan03@yahoo.com](mailto:michellesloan03@yahoo.com)

Secretary: Cathy Thomas - 522-3105 or [zacharysmom2007@gmail.com](mailto:zacharysmom2007@gmail.com)

Treasurer: Ginny Koehling Gilliam - 295-5776 or [cocoa04565@yahoo.com](mailto:cocoa04565@yahoo.com)

Board Member: Tina Talbot - 522-6884 or [threetalbots@yahoo.com](mailto:threetalbots@yahoo.com)

The Phippsburg Recreation has one seat on the board open. We look forward to you joining us and considering filling that open seat.

***Find our link at [www.phippsburg.com](http://www.phippsburg.com)***

***like us on Facebook***

\*\*\*\*\*Ticket Refund Policy\*\*\*\*\*

In the event of a cancellation due to reasons beyond the Phippsburg Recreations control, your tickets or money will not be refunded. If the event is rescheduled, your tickets may be used at a future date. Should the Phippsburg Recreation be reimbursed for a cancellation, your payment for tickets will be refunded.